



## **YOGA FOR PREGNANCY\***

**Parks Therapy Centre  
86 Cambridge Street, St Neots**

**Linda, yoga teacher and therapist  
is now offering courses in yoga for  
pregnancy**

**The course costs £28 for four weeks and  
starts on Monday 6th July 2015**

**From 6.15pm ~ 7.15pm**

**If you have any questions or would like to  
book a place**

**Telephone: 01480 394715**

**\*This course is for ladies in their 2nd and 3rd  
trimester of pregnancy**

# **Limited places available**

**Parks Therapy Centre reserves the right to cancel or change this class at any time without notice**